OES PTA After School Programs

Registration Thursday, January 24^{th,} 3:00-7:30 at OES. Please note that some classes may have to be canceled if not filled to capacity by the start date.

Classes are only \$35 per class. Classes are 1 hour in duration. Classes start the week of Feb 4^{th} and will run thru May 16^{th} .

Students will check in before each class time and receive an after school snack! Students will be required to be released to walk home after class, even if your intention is to pick them up.



<u>Tumbling</u>, <u>Monday 1:25 and 2:40</u> Rolls, cartwheels, aerials, walkovers, front/backhand springs, tucks. Learn the basics to tumbling or advance from the skill level you currently have!

Art/Crafts, Friday 2:15 and 3:30 Come get creative in this class, everyone is an artist!

Yoga & Relaxation, Tuesday 2:15 and 3:30 Come learn some great ways to calm and relax your body and your mind.

Sports Team, Tuesday 2:15 and 3:30 Enjoy playing a variety of sports in this class.

<u>Hip Hop Dance, Thursday 2:15 and 3:30</u> for boys and girls. Come and enjoy learning fun relaxed dance moves.

<u>Orchestra/Strings, Wednesday 3:30</u> taught by Heather Schramm. Heather is currently a member of the BYU Symphony Orchestra.

Must have your own instrument. Information on instrument rental will be available at registration.

Tae Kwon Do, Wednesday 2:15 and 3:30 Come and kick it up in this class and learn some great martial arts combined with discipline! Uniforms available for \$25, payable to Amy's Martial Arts.

<u>Cheer, Monday 1:25 and 2:40</u> Prepare to be a cheerleader or just come cheer for fun!

If you need to apply for a scholarship to any one of these classes or have questions regarding the after school programs, please contact stephanieellis6@msn.com.